

# *Twin Rib Fingerless Mittens/Wrist Warmers*

*Dawn's Dream Designs*  
unique knitting designs  
by Dawn Adcock



These easy and practical fingerless mittens will keep your hands warm while leaving your fingers free to work, or knit! The stretchy and dressy twin rib stitch makes these adaptable to different sizes.

## **Materials**

**Yarn:** Worsted Weight Wool (one 3.5 oz/100 gram skein of 200 yards was plenty)

2 stitch markers

**Needles:** Size 4 (US) double point needles

*Or size needed to obtain gauge*

**Notions:** 2 stitch markers; Small bit of spare waste yarn, Tapestry needle



**Size:** Adult sized. Arm length can be adjusted by working more or less rows before starting the thumb gusset, and hand length can be adjusted by working more or less rows after the thumb stitch divide. The gusset length measures 2.5" long, so adjust length above and below to your wishes.

The Twin Rib stitch is very stretchy and accommodates various widths.

**Finished Measurements:** Length as written is 8.5" long. The arm and hand sections measure 7" around when unstretched, and up to about 10" stretched.

**Gauge:** about 7 sts = 1" done in 1X1 ribbing, and 6 sts = 1" in Twin Rib stitch, unstretched

## **Abbreviation:**

M1 increase is done by lifting the running thread between the stitch just worked and the next stitch on the left needle, waiting to be worked, and twisting it to either the left or the right at you put it on the left needle, then knit this new stitch twisted. I mirror the M1 increases on each side of the thumb gusset to make a symmetrical increase line going up each side of the thumb.

## **Directions:**

**Cuff and arm:** CO 42. Divide onto double point needles, joining into the round, being careful not to twist sts at join. (For ease in working twin rib, distribute stitches in multiples of 6 on each needle.)

K1, P1 rib for 6 rounds.

Begin main pattern (twin rib):

Rnd 1: K3, P3 around.

Rnd 2: K1, P1 around.

Repeat these two rounds 10 times total (26 total rounds completed since cast on).

**Thumb gusset:** On a Round 1, begin to increase for thumb:

K3, P3, place marker, M1, K1, P1, K1, M1, place marker, P3, then continue to finish the round in K3, P3 to the end as established.

Next round work the K1, P1 round (to continue in established pattern), BUT do the thumb gusset stitches between the markers in the established 1X1 ribbing columns at all times (no increases this round).

Repeat these two rounds, doing the M1 increase on the inside of the markers on every K3, P3 round (in other words, every other round) until there are 19 thumb gusset stitches (all in 1X1 ribbing) between the markers (58 stitches total).

On next round, (1X1 rib round), rib up to the first marker, place 19 thumb stitches on spare waste yarn, cast on 3 stitches (I do a backward loop cast on, or use a knit or cable cast on), and continue to do the 1X1 ribbing around. (See note at end for alternate thumb option.)

Repeat Rnd 1 and Rnd 2, 7 times (14 rounds after taking thumb gusset stitches off).

K1, P1 rib for 6 rounds. Cast off evenly (not too tightly) in rib pattern.

Thumb: Put 19 thumb stitches on needles, dividing into the round, then do the first round in 1X1 ribbing to match, then pick up 5 stitches on the cast on hand edge, (3 on the cast on stitches, plus one each side of them, in each "corner", to help fill in the holes on each side of the thumb gusset). 1X1 rib for 4 more rounds, then cast off, in rib. Weave in ends, being sure to snug up any loose areas in the thumb corners.

Make second one to match!

**Note for Short Thumb:** If you don't wish to fiddle around with the longer thumb knit after the main body, just cast-off the thumb gusset stitches instead of placing them on a spare piece of yarn, and continue on to complete that round, then cast on the 3 stitches on the hand on the next round. They would be quicker this way, and be just slightly different than the original. Either way they will still keep the hands warm, so the choice is yours, (as it always is with knitting)!

### **Short Thumb more specifically:**

When you have all the thumb gusset stitches increased (19 gusset sts between your markers), work one more round of plain K1, P1 rib. Then, on the next K3, P3 round, simply bind off the 19 gusset sts that are between your markers (instead of putting them on scrap yarn for working later). Then finish working this round as usual. On the next round, when you get to the spot where you bound off the thumb stitches, to help minimize the "gap" that can occur at the joining spot, work the next two rounds as follows:

Pick up one stitch from the first cast off stitch of the thumb stitches, then pick up one stitch from the last cast off stitch of the thumb stitches. You now have added back 2 of the 3 stitches that you need (3 stitches to match the stitches used at the base of the gusset sts). Finish working this round in pattern. On the following round, work up to where you picked up these two stitches, knit the first picked up stitch, then do a M1 using the running strand connecting the two picked up sts, then knit the next picked up stitch. The M1 will help tighten the loose strand between these picked up sts, and make the neatest possible "bridge" over the thumb join area.

(This alternate thumb idea of binding off the thumb is based on Joan Hamer's version posted to the KnitList on 12/17/01-Thanks Joan! See digest 724 of the KL's digest archives for her pattern if you are a KL member-message #13656 here: <http://groups.yahoo.com/group/knitlist/> )

# *Twin Rib Headband*

*Dawn's Dream Designs*  
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A matching headband to the Twin Rib Finglerless Mittens. A great way to use up leftover yarn if you have some, for a matching set. Extra simple to knit, this is knit flat, and sewn (or grafted) into circle when done.

## **Materials:**

**Yarn:** Knit with matching yarn of fingerless mittens (worsted weight wool), small amount, approx 60 yds.

**Needles:** Size 4 (US)

needles (I used the same double point needles from the fingerless mittens, just using 2 of the set, to knit flat-back and forth)

**Gauge:** about 7 sts = 1" done in 1X1 ribbing, and 6 sts = 1" in Twin Rib stitch, unstretched

**Size:** Adult sized, 21" circumference, but fully adjustable; 3" deep, top to bottom (as worn)

## **Instructions:**

Cast on 21 sts. Working flat, back and forth:

Row 1: \*K3, P3\*, rep between \*\* until 3 sts remain, end K3.

Row 2: \*P1, K1\*, rep between \*\* until 1 st remains, end P1.

Repeat these two rows until piece measures 21" long, or until length desired for fitting around circumference of head of the intended wearer. For best fit, piece should be stretched slightly when measuring for fit, so that the band won't be loose and slip off. Bind off.

**Finishing:** Sew cast on and bind off edges together to form circle. If you wish to make this seamless, use a provisional (temporary/waste yarn) cast on. Don't bind off final row. Undo provisional cast on and graft live stitches to stitches of last row.

